

# Do you have a question about your coverage?

Contact your carriers directly for help with:

Benefits questions  
 Claims process  
 Choosing a doctor

ID cards  
 Copayments and deductibles  
 Prescription drug coverage



## Contact Information

Benefit	Provider	Web Site	Phone Number
Medical	 options plus	<a href="http://www.multiplan.com">www.multiplan.com</a>	877-324-2135
Rx	 SmithRx	<a href="http://www.mysmithrx.com">www.mysmithrx.com</a>	844-454-5201
Dental	 DELTA DENTAL	<a href="http://www.deltadentalnj.com">www.deltadentalnj.com</a>	800-471-7091
Vision	 Guardian vsp Vision care for life	<a href="http://www.guardianlife.com">www.guardianlife.com</a> (cards) <a href="http://www.vsp.com">www.vsp.com</a> (find a provider)	800-627-4200
Life and Disability	 Standard Life AND ACCIDENT INSURANCE COMPANY AN AMERICAN NATIONAL COMPANY	<a href="http://slaico.americannational.com">slaico.americannational.com</a>	888-290-1085
EAP	 uprisehealth	<a href="http://UpriseHealth.com/members">UpriseHealth.com/members</a>	800-395-1616
General Questions	 MERIDIO	<a href="https://benefits.getmeridio.com/ccres/">https://benefits.getmeridio.com/ccres/</a>	877-229-3631